

Spa Treatment Menu

WELCOME TO MOKOYA LODGE SPA AROMATIC MESSAGES

All Aromatic massages times allocated, extensions are welcomed. Please notify us on booking for extensions. We use organic Grapeseed oil, we have a variety of aromatic oil essence to select from.

FULL BODY Massage R590 (60 minutes)

Subtly heated essence massaged firmly or lightly from head to toe

BACK, NECK & SHOULDER Massage R450 (45 minutes)

Upper body massage releasing tension & locking in relaxation

Express HAND & FOOT Massage R350 (30 minutes)

Stimulating circulation, lymphs, tension & focusing on pressure point release in hands & feet

FACIAL Massage R450 (60 minutes)

Cleanse, scrub, tone, moisturise facial massage lymph & pressure point with mask & head massage

EXCLUSIVE SPA TREATMENTS

HOT STONE DEEP TISSUE Massage R720 (60 minutes)

Nature sourced heated lava stones create deeper release through heated application, from head to toe

LYMPH REDIRECTION Massage R600 (60 minutes)

Soothing movement of massage pressure encouraging flow & toxic release

REFLEXOLOGY R400 (60 minutes)

Focused pressure point foot massage with added concentration on pain points

(Add a pedicure for +R100)

INDIAN HEAD Massage R490 (45 minutes)

Massaging acupressure points on the head & neck rebalancing your body's energies

MANICURE R400 (60 minutes)

Cleanse, exfoliate, moisturising massage & varnish nails with our nude selection

(Varnish removal +R50)

PEDICURE R500 (60 minutes)

Deep cleanse, peel, exfoliate, moisturising massage & varnish nails with our nude selection

(Varnish removal +R50)

Spa Treatment

TERMS & CONDITIONS

A FEW NOTES

Pre arrival bookings are essential, contact Fuz on 0829716489 to reserve your space.

We have a single treatment room indoor facility, one treatment at a time.

Outdoor couple massage facility available, weather & therapist dependant.

Bookings on site dependant on current treatment space available.

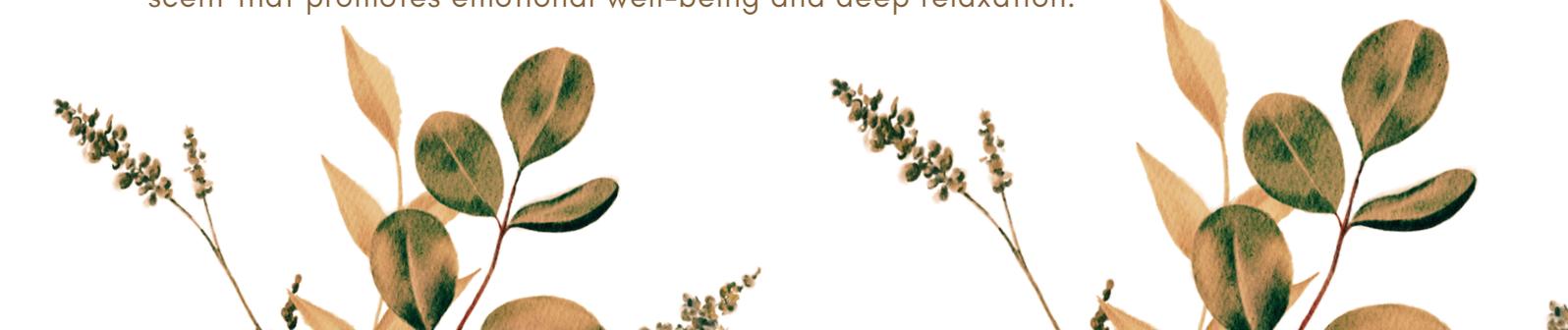
The therapist will collect you ten minutes before treatment at Mokoya Reception.

Treatments charged to your room payable at Mokoya Lodge on checkout or booked on reservation.



Aromatic Oil Chart

WELCOME TO MOKOYA LODGE SPA

- **Lemongrass** helps relieve muscle tension, reduce stress, and refresh the mind. It's great for revitalising tired muscles.
 - **Lavender** is known for its calming and soothing effects. It eases muscle tension, promotes relaxation, and aids in reducing anxiety and stress.
 - **Eucalyptus** is great for promoting clear breathing and improving circulation. It has refreshing, cooling effects and is excellent for relieving sore muscles, headaches, and respiratory issues.
 - **Tea Tree** is ideal for purifying the skin, preventing acne, and promoting healing. It's also great for soothing sore muscles and relieving tension.
 - **Geranium** has balancing and uplifting properties. It helps to improve circulation, reduce stress, and has a mild sedative effect.
 - **Melissa (Lemon Balm)** is known for its calming and stress-relieving properties, making it a great choice for massages aimed at relaxation and mental clarity.
 - **Neroli** has a sweet, floral scent that promotes relaxation, reduces anxiety, and eases emotional stress. It's excellent for improving skin tone and reducing the appearance of scars, making it a great choice for massages focused on rejuvenation.
 - **Peppermint** is perfect for relieving muscle aches, headaches, and tension. It also boosts circulation and provides a refreshing sensation, making it ideal for revitalizing massages.
 - **Jasmine** has a sweet, exotic fragrance that promotes relaxation, reduces stress, and boosts mood.
 - **Ylang Ylang** is known for its balancing effects, both on the body and mind.
 - **Chamomile** is calming and soothing, excellent for relieving stress, anxiety, and muscle tension.
 - **Patchouli**, with its earthy, grounding scent, patchouli oil has relaxing and rejuvenating effects. It helps ease tension, stress, and anxiety and is also known for its skin-healing.
 - **Sandalwood** has a calming, grounding effect on the mind and body. It's perfect for promoting deep relaxation, reducing stress, and soothing irritated or dry skin.
 - **Rose** is renowned for its luxurious and soothing qualities. It has a beautiful, sweet floral scent that promotes emotional well-being and deep relaxation.
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MOKOYA LODGE
— & —
SWEET THYME RESTAURANT

Spa Specials

VALID MONDAY TO SUNDAYS
HIKING, NATURE RELAXATION, POOL FACILITIES

Self Care R1500 per person

(2 hours)

Summer Cocktail welcome drink of your choice

Full body massage

Express Mani & Pedi

Self care sweet treat spoil & journal

The Real Mokoy R3500 per couple

"Together in nature is the perfect place to be"

(+/- 3 hours)

Welcome drink

Full body massage for 2

Body scrub for 2

Express mani & pedi for 2

Picnic set up in our gardens with a Charcuterie board for 2 and a bottle of bubbly

Celebrate you Naturally R1900 per person

(+/- 2 hours)

Lemon water welcome drink

Organic Castor oil foot & tummy massage

Tumeric & apple cider vinegar foot & hand scrub

Grapeseed base oil with aromatic oil addition head massage

Mokoya Chilli Sauce Gift

BOOKINGS ARE ESSENTIAL, WE REQUIRE A 50% DEPOSIT FOR SPECIALS, TO
SECURE YOUR SPACE